

GUIDE Program Overview

Understanding Medicare
Support & Community Care



Background

- President/Owner of Senior Helpers, since 2021
- Experienced in supporting dementia and complex cognitive care
- Active collaborator with hospitals, health systems, and community organizations
- Focused on improving continuity of care between clinical settings and the home
- Dedicated to caregiver education, advocacy, and sustainable long-term support



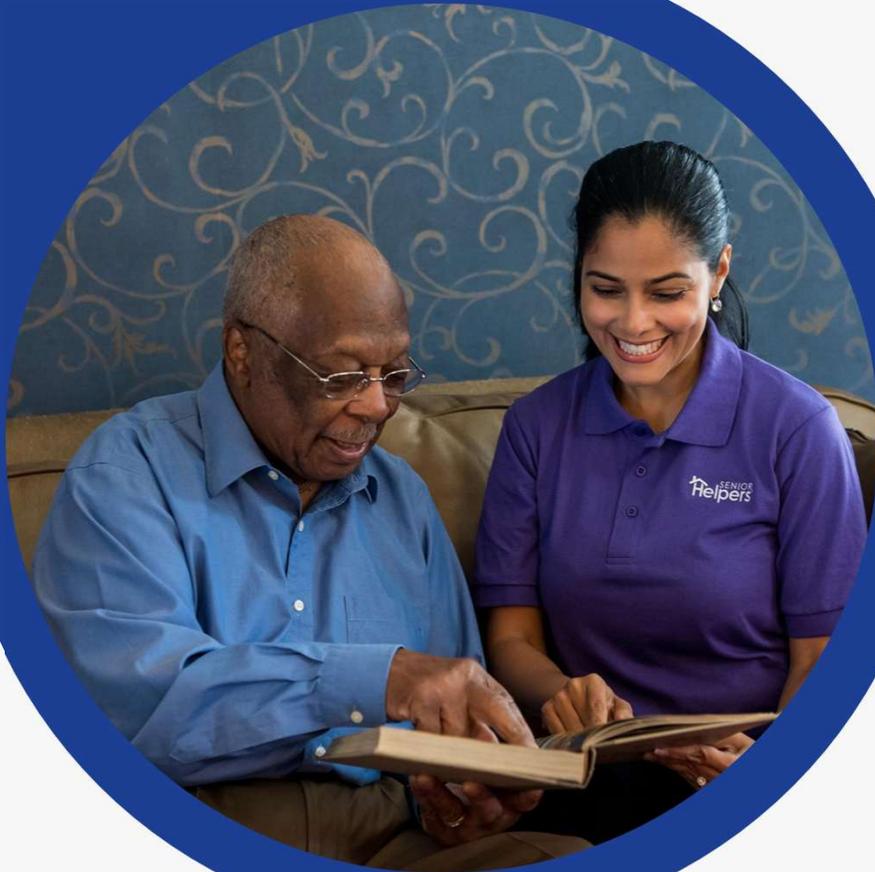
What is GUIDE?

- A Medicare-funded initiative supporting families caring for individuals with dementia.
- Designed to improve quality of life for both patients and caregivers.
- Provides education, care coordination, and up to \$2563 worth of respite care in 2025.
- Focuses on home and community-based care, helping individuals remain safely at home longer
- Delivered through approved CMS GUIDE providers in partnership with community organizations



Why It Matters

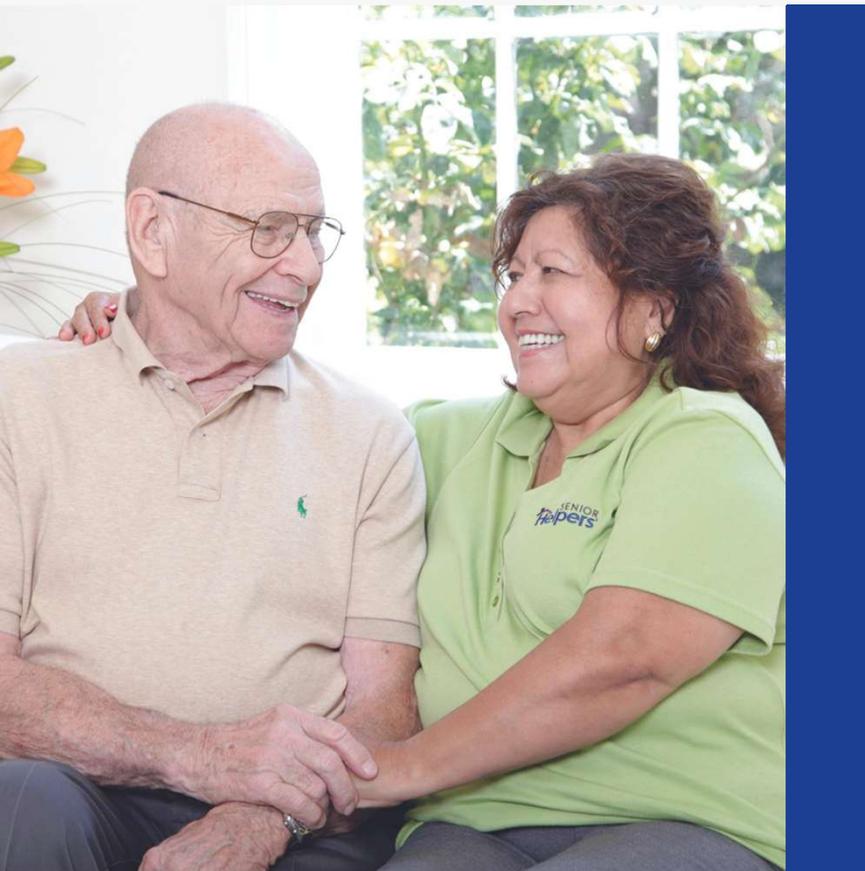
- Addresses growing need for dementia care support
- Reduces family caregiver burnout and hospital readmissions.
- Comprehensive, coordinated support- without added cost.



Who Qualifies for GUIDE?

- Has a documented Dementia Diagnosis
 - Any Stage (ICD-10 Required)
- Enrolled in Traditional Medicare Parts A & B
 - Not Enrolled in Medicare Adv, Pace, or Hospice
- Lives in Community Based Setting
 - Private Home, Independent Living, Memory Care
- Has a patient or caregiver willing to participate in care planning, education, and support services





Senior Helpers Role

- 30–40% of clients supported through GUIDE-related care
- Dementia-specific caregiver training (Senior Gems® Program)
- Hands-on caregiver education (Room of Excellence)
- Continuous Monitoring (Client Care Manager, Life Profile)
- Respite-focused support



What Now?

- If you have questions about the GUIDE Program please reach out
- We can help connect you with neurologists and clinical partners
- Senior Helpers is an established vendor supporting GUIDE families through multiple hospitals and care programs
- Because of these existing partnerships, we can help facilitate a smooth introduction and next steps for families seeking support
- Our goal is to help individuals and caregivers access the right care, at the right time, with the right partners

Any Questions?

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